



hello@powfood.co.uk www.powfood.co.uk

Energy Boxes

Chicken Satay Box

Nut Free Chicken Satay with Shiitake Mushroom Rice, Detox Salad with POW Asian Ginseng Dressing

Salmon Teriyaki

Salmon Teriyaki Skewers with Shiitake Mushroom Rice, Detox Salad with POW Asian Ginseng Dressing

Tofu Teriyaki

Tofu Teriyaki Skewers with Shiitake Mushroom Rice, Detox Salad with POW Asian Ginseng Dressing

Stamina Boxes

Chipotle Lime Chicken

Chipotle Lime Chicken with Matcha Poached Quinoa, Balance Salad with POW Lime MCT Mayo

Cajun Sea Bream

Cajun Sea Bream with Matcha Poached Quinoa, Balance Salad with POW Lime MCT Mayo

Sweet Potato Wraps

Sweet Potato Wraps with Matcha Poached Quinoa, Balance Salad with POW Lime MCT Mayo

Focus Boxes

Coronation Chicken

Coronation Chicken with Summer Puy Lentils, Fennel and Orange Salad with POW MCT Orange Vinaigrette

Sea Bass with Lemon and Chilli

Sea Bass with Summer Puy Lentils, Fennel and Orange Salad with POW MCT Orange Vinaigrette

Beetroot and Goats Cheese Terrine

Beetroot and Goats Cheese Terrine with Summer Puy Lentils, Fennel and Orange Salad with POW MCT Orange Vinaigrette

Immunity Boxes

Rosemary Chicken with Grapefruit

Rosemary Chicken with Grapefruit Salsa with Rice Tabbouleh, Summer Leaves and Butternut Squash with POW Beetroot Vinaigrette

Pomegranate Glazed Salmon

Pomegranate Glazed Salmon with Rice Tabbouleh, Summer Leaves and Butternut Squash with POW Beetroot Vinaigrette

Aubergine Lasagne

Aubergine Lasagne with Rice Tabbouleh, Summer Leaves and Butternut Squash with POW Beetroot Vinaigrette

Happy Boxes

24 Hour Marinated Turkey

24 Hour Marinated Turkey with Rice Tabbouleh and Fennel Slaw
with POW Tzatziki

Salmon and Papaya

Salmon and Papaya with Rice Tabbouleh and Fennel Slaw
with POW Tzatziki

Chermoula Quinoa Aubergine

Chermoula Quinoa Aubergine with Rice Tabbouleh and Fennel Slaw
with POW Tzatziki